Reliability of self-report data

Chong-ho Yu, Ph.Ds.

Do the subjects tell the truth?

For research on Web-based instruction, web usage data may be obtained by parsing the user access log, setting cookies, or uploading the cache. However, these options may have limited applicability. For example, the user access log cannot track users who follow links to other websites. Further, cookie or cache approaches may raise privacy issues. In these situations, self-reported data collected by surveys are used. This gives rise to the question: How accurate are self-reported data? Cook and Campbell (1979) have pointed out that subjects (a) tend to report what they believe the researcher expects to see, or (b) report what reflects positively on their own abilities, knowledge, beliefs, or opinions. Another concern about such data centers on whether subjects are able to accurately recall past behaviors. Cognitive psychologists have warned that the human memory is fallible (Schacter, 1999) and thus the reliability of self-reported data is tenuous.

Although statistical software packages are capable of calculating numbers up to 16-32 decimals, this precision is meaningless if the data cannot be accurate at even the integer level. Quite a few scholars had warned researchers how measurement error could cripple statistical analysis (Blalock, 1974) and suggested that good research practice requires the examination of the quality of the data collected (Fetter, Stowe, & Owings, 1984).

Bias and Variance

Measurement errors include two components, namely, **bias** and **variable error**. Bias is a systematic error that tends to push the reported scores toward one extreme end. For example, several versions of IQ tests are found to be bias against non-Whites. It means that blacks and Hispanics tend to receive lower scores regardless of their actual intelligence. A variable error, also known as **variance**, tends to be random. In other words, the reported scores could be either above or below the actual scores (Salvucci, Walter, Conley, Fink, & Saba, 1997).

The findings of these two types of measurement errors have different implications. For example, in a study comparing self-reported data of height and weight with direct measured data (Hart & Tomazic, 1999), it was found that subjects tend to over-report their height but under-report their weight. Obviously, this kind of error pattern is bias rather than variance. A possible explanation of this bias is that most people want to present a better physical image to others. However, if the measurement error is random, the explanation may be more

complicated.

One may argue that variable errors, which are random in nature, would cancel out each other and thus may not be a threat to the study. For example, the first user may over-estimate his Internet activities by 10%, but the second user may under-estimate hers by 10%. In this case, the mean might still be correct. However, over-estimation and under-estimation increases variability of the distribution. In many parametric tests, the **within-group variability** is used as the error term. An inflated variability would definitely affect the significance of the test. Some texts may reinforce the above misconception. For example, Deese (1972) said,

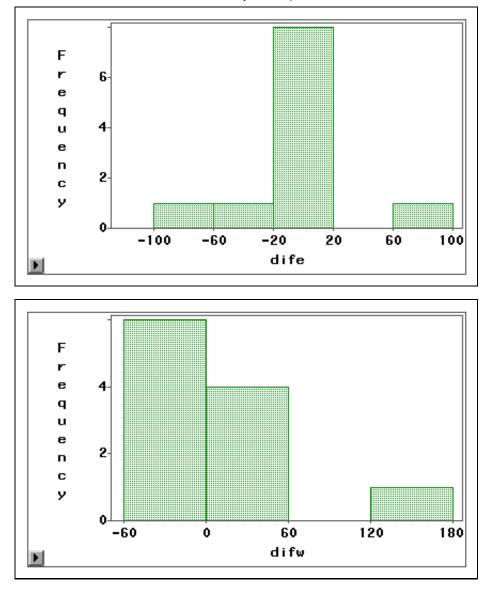
Statistical theory tells us that the reliability of observations is proportional to the square root of their number. The more observations there are, the more random influences there will be. And statistical theory holds that the more random errors there are, the more they are likely to cancel one another and produce a normal distribution (p.55).

First, it is true that as the sample size increases the variance of the distribution decreases, it does not guarantee that the shape of distribution would approach normality. Second, reliability (the quality of data) should be tied to measurement rather than sample size determination. A large sample size with a lot of measurement errors, even random errors, would inflate the error term for parametric tests.

A stem-and-leaf plot or a histogram can be used to visually examine whether a measurement error is due to systematic bias or random variance. In the following example, two types of Internet access (Web browsing and email) are measured by both self-reported survey and logbook. The difference scores (measurement 1 - measurement 2) are plotted in the following histograms.

The first graph reveals that most difference scores are centered around zero. Under-reporting and over-reporting appears near both ends suggest that the measurement error is random error rather than systematic bias.

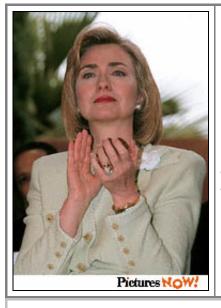
The second graph clearly indicates that there is a high degree of measurement errors because very few difference scores are centered around zero. Moreover, the distribution is negatively skewed and thus the error is bias instead of variance.



How reliable our memory is?

Schacter (1999) warned that the human memory is fallible. There are seven flaws of our memory:

- Transience: Decreasing accessibility of information over time.
- Absent-mindedness: Inattentive or shallow processing that contributes to weak memories.
- Blocking: The temporary inaccessibility of information that is stored in memory.
- Misattribution Attributing a recollection or idea to the wrong source.
- **Suggestibility:** Memories that are implanted as a result of leading questions or expectations.
- **Bias:** Retrospective distortions and unconscious influences that are related to current knowledge and beliefs.
- **Persistence:** Pathological remembrances-information or events that we cannot forget, even though we wish we could.

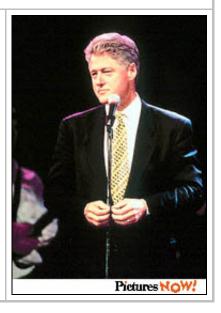


"I have no recollection of these. I don't recall that I signed the document for Whitewater. I don't remember why the document disappeared but reappeared later. I don't remember anything."

Caution: A new computer virus named "Whitewater" is discovered. If the computer is infected, it will frequently pop up this message 'out of memory,' even if it has adequate RAM.

Question: "If Vernon Jordon has told us that you have an extraordinary memory, one of the greatest memories he has ever seen in a politician, would this be something you would care to dispute?"

Answer: "I do have a good memory...But I don't remember whether I was alone with Monica Lewinsky or not. How could I keep track of so many women in my life?"



It is important to note that sometime the reliability of our memory is tied to the desirability of the outcome. For example, when a medical researcher tries to collect relevant data from mothers whose babies are healthy and mothers whose kids are malformed, the data from the latter is usually more accurate than that of the former. This is because mothers of malformed babies have been carefully reviewing every illness that occurred during the pregnancy, every drug taken, every detail directly or remotely related to the tragedy in an attempt to find an explanation. On the contrary, mothers of healthy infants do not pay much attention to the preceding information (Aschengrau & Seage III, 2008).

What shall we do?

Some researchers reject use of self-reported data due to its alleged poor quality. However, Chan (2009) argued that the so-called poor quality of self-reported data is nothing more than

Reliability of self-report data

an urban legend. Driven by social desirability, respondents might provide the researchers with inaccurate data on some occasions, but it does not happen all the time. For example, it is unlikely that the respondents would lie about their demographics, such as gender and ethnicity. Second, while it is true that respondents tend to fake their answers in experimental studies, this issue is less serious in measures used in field studies and naturalistic settings. Further, there are numerous well-established self-reported measures of different psychological constructs, which have obtained construct validity evidence through both convergent and discriminant validation. For example, Big-five personality traits, proactive personality, affectivity disposition, self-efficacy, goal orientations, perceived organizational support, and many others.

In the field of epidemiology, Khoury, James and Erickson (1994) asserted that the effect of recall bias is over-rated. But their conclusion may not be well-applied to other fields, such as education and psychology. In spite of the threat of data inaccuracy, it is impossible for the researcher to follow every subject with a camcorder and record every thing they do. Nonetheless, the researcher can use a subset of subjects to obtain observed data such as user log access or daily hardcopy log of web access. The results would then be compared to the outcome of all subjects¹ self-reported data for an estimation of measurement error. For example,

- When the user access log is available to the researcher, he can ask the subjects to report the frequency of their access to the web server. The subjects should not be informed that their Internet activities have been logged by the webmaster as this may affect participant behavior.
- The researcher can ask a subset of users to keep a log book of their internet activities for a month. Afterwards, the same users are asked to fill out a survey regarding their web usage.

Someone may argue that the log book approach is too demanding. Indeed, in many scientific research studies, subjects are asked for much more than that. For instance, when scientists studied how deep sleep during long range space travel would affect human health, participants were asked to lie in bed for a month. In a study concerning how a closed environment affects human psychology during space travel, subjects were locked in a room individually for a month, too. It takes a high cost to seek out scientific truths.

After different sources of data are collected, the discrepancy between the log and the selfreported data can be analyzed to estimate the data reliability. At first glance, this approach looks like a test-retest reliability, but it isn't. First, in test-retest reliability the instrument used in two or more situations should be the same. Second, when the test-retest reliability is low, the source of errors is within the instrument. However, when the source of errors is external to the instrument such as human errors, inter-rater reliability is more appropriate.

The above suggested procedure can be conceptualized as a measurement of inter-data reliability, which resembles that of inter-rater reliability and repeated measures. There are four ways to estimate the inter-rater reliability, namely, Kappa coefficient, Index of Inconsistency, repeated measures ANOVA, and regression analysis. The following section describes how

Reliability of self-report data

these inter-rater reliability measurements may be used as inter-data reliability measurements.

Kappa coefficient

In psychological and educational research, it is not unusual to employ two or more raters in the measurement process when the assessment involves subjective judgments (e.g. grading essays). The inter-rater reliability, which is measured by Kappa coefficient, is used to indicate the reliability of the data. For example, the performance of the participants are graded by two or more raters as "master" or "non-master" (1 or 0). Thus, this measurement is usually computed in categorical data analysis procedures such as PROC FREQ in SAS and "measurement of agreement" in SPSS's StatXact.

It is important to note that even if 60 percent of two datasets concur with each other, it doesn't mean that the measurements are reliable. Since the outcome is dichotomous, there is a 50 percent chance that the two measurements agree. Kappa coefficient takes this into account and demands a higher degree of matching to reach consistency.

In the context of Web-based instruction, each category of self-reported Website usage can be re-coded as a binary variable. For example, when question one is "how often do you use telnet," the possible categorical responses are "a: daily," "b: three to five times per weel," "c: three-five times per month," "d: rarely," and "e: never." In this case, the five categories can be recoded into five variables: Q1A, Q1B, Q1C, Q1D, and Q1E. Then all these binary variables can be appended to form a R X 2 table as shown in the following table. With this data structure, responses can be coded as "1" or "0" and thus measurement of classification agreement is possible. The agreement can be computed using Kappa coefficient and thereby the reliability of the data may be estimated.

Subjects Log book data Self-report data

Subject 1 1	1
Subject 2 0	0
Subject 3 1	0
Subject 4 0	1

Index of Inconsistency

Another way to compute the aforementioned categorical data is Index of Inconsistency (IOI). In the above example, because there are two measurements (log and self-reported data) and five options in the answer, a 4 X 4 table is formed. The first step to compute IOI is to divide the RXC table into several 2X2 sub-tables. For example, the last option "never" is treated as one category and all the rest are collapsed into another category as "not never," as shown in the following table.

Self-reported data

Reliability of self-report dataNeverNot neverTotalLogNeveraba+bNot Nevercdc+dTotala+cb+dn=Sum(a-d)

The percent of IOI is computed by the following formula:

IOI% = 100*(b+c)/[(2np(1-p)] where p = (a+c)/n

After the IOI is calculated for each 2X2 sub-table, an average of all indices is used as an indicator of the inconsistency of the measure. The criterion to judge whether the data are consistent is as follows:

- An IOI of less than 20 is low variance
- An IOI between 20 and 50 is moderate variance
- An IOI above 50 is high variance

The reliability of the data is expressed in this equation: $\mathbf{r} = \mathbf{1} - \mathbf{IOI}$

Repeated measures

The measurement of inter-data reliability can be conceptualized and proceduralized as a repeated measures ANOVA. In a repeated measures ANOVA, measurements are given to the same subjects several times such as pretest, midterm and posttest. In this context, the subjects are also measured repeatedly by the web user log, the log book and the self-reported survey. The following is the SAS code for a repeated measures ANOVA:

```
data one; input user $ web_log log_book self_report;
        cards;
        1
                 215
                         260
                                  200
        2
                 178
                         200
                                  150
        3
                 100
                         111
                                  120
        4
                 135
                         172
                                  100
        5
                 139
                         150
                                  140
        6
                 198
                         200
                                  230
        7
                                  180
                 135
                         150
        8
                 120
                         110
                                  100
        9
                 289
                         276
                                  300
proc glm;
        classes user;
        model web log log book self report = user;
        repeated time 3;
run;
```

In the above program, the number of visited Websites by nine volunteers are recorded in the user access log, the personal log book, and the self-reported survey. The users are treated as a **between-subject factor** while the three measures are regarded as **between-measure**

factor. The following is a condensed output:

Source of variation	DF	Mean Square
Between-subject (user)	8	10442.50
Between-measure (time)	2	488.93
Residual	16	454.80

Based on the above information, the reliability coefficient can be calculated using this formula (Fisher, 1946; Horst, 1949):



MS_{between-measure} + (df_{between-people} X MS_{residual})

Let's plug the number into the formula:

488.93 - 454.80

488.93 + (8 X 454.80)

The reliability is about .0008, which is extremely low. Therefore, we can go home and forget about the data. Fortunately, it is only a hypothetical data set. But, what if it is a real data set? You have to be tough enough to give up poor data rather than publishing some findings that are totally unreliable.

Correlational and regression analysis

Correlational analysis, which utilizes Pearson's Product Moment coefficient, is very simple and especially useful when the scales of two measurements are not the same. For example, the web server log may track the number of pages accesses while the self-reported data are Likert-scaled (e.g. How often do you browse the Internet? 5=very often, 4=often, 3=sometimes, 2=seldom, 5=never). In this case, the self-reported scores can be used as a predictor to regress against page access.

A similar approach is regression analysis, in which one set of scores (e.g. survey data) is treated as the predictor while another set of scores (e.g. user daily log) is considered the dependent variable. If more than two measures are employed, a multiple regression model can be applied i.e. the one that yields more accurate result (e.g. Web user access log) is

regarded as the dependent variable and all other measures (e.g. user daily log, survey data) are treated as independent variables.

Last updated: 2010

Reference

- Aschengrau, A., & Seage III, G. (2008). <u>Essentials of epidemiology in public health.</u> Boston, MA: Jones and Bartlett Publishers.
- Blalock, H. M. (1974). (Ed.) <u>Measurement in the social sciences: Theories and strategies</u>. Chicago, Illinois: Aldine Publishing Company.
- Chan, D. (2009). So why ask me? Are self report data really that bad? In Charles E. Lance and Robert J. Vandenberg (Eds.), <u>Statistical and methodological myths and urban legends: Doctrine</u>, <u>verity and fable in the organizational and social sciences (pp309-335)</u>. New York, NY: Routledge.
- Cook, T. D., & Campbell, D. T. (1979). <u>Quasi-experimentation: Design and analysis issues.</u> Boston, MA: Houghton Mifflin Company.
- Deese, J. (1972). Psychology as science and art. New York, NY: Harcourt Brace Jovanovich, Inc.
- Fetters, W.;, Stowe, P., & Owings, J. (1984). <u>High School and Beyond. A national longitudinal study for the 1980s, quality of responses of high school students to questionnaire items. (NCES 84-216)</u>. Washington, D. C.: U.S. Department of Education. Office of Educational Research and Improvement. National center for Education Statistics.
- Fisher, R. J. (1946). <u>Statistical Methods for Research Workers (10th ed.).</u> Edinburgh: Oliver and Boyd.
- Hart, W.; & Tomazic, T. (1999 August). Comparison of percentile distributions for anthropometric measures between three data sets. <u>Paper presented at the Annual Joint Statistical Meeting</u>, Baltimore, MD.
- Horst, P. (1949). A Generalized expression for the reliability of measures. <u>Psychometrika, 14, 21-31</u>.
- Khoury, M., James, L., & Erikson, J. (1994). On the use of affected controls to address recall bias in case-control studies of birth defects. <u>Teratology</u>, 49, 273-281.
- Schacter, D. L. (1999). The seven sins of memory: Insights from psychology and cognitive neuroscience. <u>American Psychology</u>, 54, 182-203.
- Salvucci, S.; Walter, E., Conley, V; Fink, S; & Saba, M. (1997). <u>Measurement error studies at the National Center for Education Statistics</u>. Washington D. C.: U. S. Department of Education.